Activity Calendar-August 2018

North Warren Community Senior Center 505 Route 94 Columbia, NJ (908) 496-4001

PRESENTATIONS, **PROGRAMS & CLASSES BEGIN AT 11:00 AM**

Monday	Tuesday	Wednesday	Thursday	Friday
		10:00 Board Games	10:00 Board Games	10:00 Board Games
		11:00 Yoga w/Cheryl	10:00 Board Games	11:00 Tai Chi
		11.00 Toga W/ Cheryi	Screening w/Sharon	11.00 Tai Cili
			Sercening w/ Sharon	
		YCGA		
6	7	8	9	10
10:00 Board Games	50/50 Raffle	10:00 Board Games	10:00 Board Games	10:00 Board Games
11:00 Word Pictures	10:30 Wise Program	11:00 Yoga w/Cheryl	11:00 Bingo	11:00 Tai Chi
Think IT Think	w/Stacy	2000		
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13	14	15	16	17
10:00 Board Games	50/50 Raffle	10:00 Board Games	10:00 Board Game	10:00 Board Games
11:00 Blood Pressure	10:30 Wise Program	11:00 Yoga w/Cheryl	11:00 Bingo	11:00 Tai Chi
w/Public Health Nurse	w/Stacy	1000	w/Christine Chelsea	
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	Wellness Initiative for Senior Education	YOUA		
20	21	22	23	24
10:00 Board Games	50/50 Raffle	10:00 Board Games	10:00 Board Games	10:00 Board Games
11:30 Nutrition Tips	11:00 Bingo	11:00 Yoga w/Cheryl	11:00 Word Picture	11:00 Tai Chi
w/Sara		Ja ac		
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10:00 Board Games	50/50 Raffle	10:00 Board Games	10:00 Board Games	10:00 Board Games
11:00 Word Pictures	11:00 Bingo	11:00 Yoga w/Cheryl	11:00 Cross Word	11:00 Tai Chi
	TI.OO DIIIBO	11.00 Toga w/ Cheryl	Puzzles	Happy Birthday
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